Mirlitons, Stuffed

Ingredients:

2 Mirliton, cut in half

1 Onion, chipped

1 Bell Pepper, chopped

3 Garlic, chipped

1 lb Raw Shrimp, cleaned

Olive Oil

Bread Crumbs

Instructions:

Boil Mirliton until soft

Sauté Onions, Bell Peppers, Garlic

Add mashed Mirliton and Shrimp

Cover with Bread Crumbs

Bake on 350 for 30 minutes